## Contents

[List of tables] viii  
[List of figures] ix  
[Contributors] x  
[Foreword] xiii  

ANKE EHLERS

1 Cognitive therapy for traumatic stress reactions: an introduction  
   NICK GREY  

2 Cognitive therapy for acute stress disorder  
   MICHELLE L. MOULDS, SALLY HOPWOOD, JULIE MASTRODomenico, AND RICHARD A. BRYANT  

3 Travel, trauma, and phobia: treating the survivors of transport-related trauma  
   RACHEL HANDLEY, PAUL SALKOVSKIS, ANN HACKMANN, AND ANKE EHLERS  

4 Tripping into trauma: cognitive-behavioural treatment for a traumatic stress reaction following recreational drug use  
   RICHARD STOTT  

5 ‘Suspicion is my friend’: cognitive behavioural therapy for post-traumatic persecutory delusions  
   BEN SMITH AND CRAIG STEEL  

6 Imagery rescripting for intrusive sensory memories in major depression following traumatic experiences  
   JON WHEATLEY, ANN HACKMANN, AND CHRIS BREWIN
7 Cognitive therapy for post-traumatic dissociation
HELEN KENNERLEY

8 Intensive cognitive therapy for post-traumatic stress disorder: case studies
NICK GREY, FREDA McMANUS, ANN HACKMANN, DAVID M. CLARK, AND ANKE EHLERS

9 Cognitive therapy for post-traumatic stress disorder and permanent physical injury
JENNIFER WILD

10 Cognitive therapy for post-traumatic stress disorder and panic attacks
SHEENA LINESS

11 Cognitive therapy for post-traumatic stress disorder and obsessive-compulsive disorder
BLAKE STOBIE

12 Cognitive therapy and suicidality in post-traumatic stress disorder: and recent thoughts on flashbacks to trauma versus 'flashforwards' to suicide
EMILY A. HOLMES AND GILLIAN BUTLER

13 Cognitive therapy for people with post-traumatic stress disorder to multiple events: working out where to start
PIPPA STALLWORTHY

14 Trauma-focused cognitive therapy in the context of ongoing civil conflict and terrorist violence
MICHAEL DUFFY AND KATE GILLESPIE

15 Compassion-focused cognitive therapy for shame-based trauma memories and flashbacks in post-traumatic stress disorder
DEBORAH A. LEE

16 Cognitive therapy for survivors of torture
KERRY YOUNG
17 The role of narrative exposure therapy in cognitive therapy for traumatized refugees and asylum-seekers 265
MARTINA MUELLER

18 Using interpreters in trauma therapy 283
PATRICIA D'ARDENNE AND ELLY FARMER

Index 301